



Bedminster Eye and Laser Center, P.A.

ARE YOU INTERESTED IN WEARING CONTACT LENSES?

If you are thinking about wearing contact lenses, there are a few things you should know:

What are Contact Lenses?

Contact lenses are medical devices which sit directly on the eye. Whether intended for vision correction or merely cosmetic color enhancement, they must fit properly and they must be cared for properly or serious health consequences to the cornea can result in vision loss. The two main types of contact lenses are: soft and GP (Gas Permeable). Your eye doctor will recommend which type of contact lens is best for your prescription and your particular needs. Unfortunately, some prescriptions are not suitable for contact lenses.

Contact lenses are only available with a prescription from a licensed eye care provider. Prescriptions are valid for one year. Please be aware that a contact lens prescription is NOT the same as an eyeglass prescription. Contact lenses are custom fit for each person. The proper size, shape and material of the contact lens will provide for the optimal health of your cornea as well as maximum vision and wearing comfort.

How to become a Contact Lens Wearer?

The first step is to have a comprehensive eye examination in order to determine if you are a candidate for wearing contact lenses. We recommend having an eye exam at Bedminster Eye & Laser Center no more than six months prior to scheduling a contact lens evaluation. **During your eye examination, be sure to mention that you are interested in contact lenses.**

Your eye doctor will discuss with you which type of contact lens will best suit your needs. It is important for your doctor to know how you will be using your eyes while wearing the contacts; e.g. playing sports, reading books, doing computer work or gardening. Next, you will be scheduled for a contact lens evaluation.

What to expect at your evaluation

Patients new to contact lenses will be scheduled for an initial contact lens fit and evaluation. We schedule one hour for the initial evaluation; however, your fit may take more or less time. At your fitting, your doctor will evaluate lenses on your eyes. Once the initial fit is established, you will be instructed on proper insertion and removal techniques, proper cleaning and care of the lenses and you will be given a wearing schedule. In most cases, we have diagnostic lenses on hand but, depending on the nature of the prescription, it is possible that lenses will need to be ordered. In particular, toric lenses for astigmatism may take several weeks to receive.

Before you leave the office, we will schedule a contact lens follow-up appointment (usually 7 – 14 days after your fitting). You must return for this appointment **wearing the lenses**. At this visit your doctor will make sure your eyes are responding well to the fit of the lenses and that your prescription is accurate. You are now ready to purchase a supply of contact lenses.

What else do you need to know?

- Contact lens evaluations may be done on a separate day from your eye exam
- Multiple visits are sometimes needed to achieve a proper fit. This is especially true for multifocal and toric contact lenses.
- You should always have an updated pair of eyeglasses and prescription sunglasses – even if you plan on wearing contacts all the time.
- Anyone under the age of 18 must be accompanied by a parent or guardian during the fitting process.
- Most contact lens brands are NOT available in colors. Be sure to mention your interest in color lenses prior to your fitting so that you will not need to be refit later.
- For your convenience, reordering contact lenses can be done by calling 908-781-2020 or emailing contacts.bedminstereye@comcast.net

Contact Lens Evaluation Fees

- We strive to offer the most appropriate contact lenses for your visual needs and your eye health.
- Certain prescriptions including toric, monovision, and multifocal lenses are more challenging, requiring longer and more frequent visits, as well as more diagnostic contact lenses. Certain ocular conditions such as dry eyes and allergies may also complicate the fitting process.

Contact Lens Evaluation Fees	
Evaluation of a new contact lens brand or modality. Includes diagnostic lenses dispensed by doctor as necessary. Three total visits within a 90 day period.	
Soft Lens – spherical	Fit \$150.00
Soft Lens – Toric	Fit \$200.00
Soft Lens – Multifocal or Monovision	Fit \$230.00
Soft Lens – Toric Multifocal	Fit \$325.00
Gas Permeable	Fit \$350.00
Insertion & Removal Education - for new contact lens wearers; training on proper insertion and removal techniques and proper care on lenses	\$25.00

While our office is able to offer hundreds of contact lens options, we cannot guarantee that each patient will be able to wear contact lenses successfully. **It is our promise that we will make every effort to give you satisfactory vision and comfort.** A successful process should be completed and a valid contact lens prescription established within a 90 day period following the initial evaluation. In the event that the process is not successful, evaluation fees cannot be refunded.

In the case of **Gas Permeable (GP)** lenses, the cost of the lenses will be charged at the time of dispense. If the initial lenses need to be modified and are returned within 30 days, you will receive a full refund or credit toward future lenses. Additional handling fees may be assessed for multiple returns of GP lenses.

Contact lens prices vary based on the type of lens prescribed and the quantity ordered. Typically, **insurance plans do not cover contact lens evaluations or the contact lenses themselves.** You may, however, be able to use your Flexible Spending Account for these medical expenses.

There are some **special benefits** when ordering your contact lenses through our office:

- Complimentary Emergency contact lens replacements
- Expedited shipping is available
- Free home delivery
- Complimentary cleaning solution starter kit
- Exchange of unopened, unmarked contact lens boxes
- Control of the delivery of your contact lenses - orders are never placed without your authorization thus avoiding the automatic delivery of unwanted contact lenses.

We thank you for the opportunity to help you see your best!